Problem 5094. Let a, b, c be real positive numbers such that a+b+c+2=abc. Prove that

$$2(a^2 + b^2 + c^2) + 2(a + b + c) \ge (a + b + c)^2$$

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We will use the "magical" substitution given in "Problems from the book" of Titu Andreescu e Gabriel Dospinescu, which is explained in the following

LEMMA. If a, b, c are positive real numbers such that a + b + c + 2 = abc, then there exists three real numbers x, y, z > 0 such that

$$a = \frac{y+z}{x}, \qquad b = \frac{z+x}{y}, \qquad c = \frac{x+y}{z}$$
 (*)

Proof. By means of a simple computation the condition a+b+c+2=abc can be written in the following equivalent form

$$\frac{1}{1+a} + \frac{1}{1+b} + \frac{1}{1+c} = 1$$

Now if we take

$$x = \frac{1}{1+a}, \qquad y = \frac{1}{1+b} \qquad z = \frac{1}{1+c}$$

then x+y+z=1 and $a=\frac{1-x}{x}=\frac{y+z}{x}$. Of course, in the same way we find $b=\frac{z+x}{y},\ c=\frac{x+y}{z}$.

By using the substitution (*), after some boring calculations, the given inequality rewrites as

$$\frac{z^4(x-y)^2+x^4(y-z)^2+y^4(x-z)^2+2\left(x^3y^3+x^3z^3+y^3z^3-3x^2y^2z^2\right)}{x^2y^2z^2}\geq 0$$

which is true since

$$x^3y^3 + x^3z^3 + y^3z^3 \ge 3x^2y^2z^2$$

in virtue of AM-GM inequality.